

**Tanya Goodwin, PsyD.
Licensed Psychologist**

PO Box 1718 Hamlet, NC 28345

Phone: 910-557-0044 Email Address: drtanya@goodwinpsychologicalservices.com

LICENSURE

South Carolina Board of Examiners in Psychology
Licensed Psychologist #1454

June 2017-Present

National Register of Health Services Psychologist

January 2015-Present

North Carolina Psychology Board
Licensed Psychologist #4762

March 2015-Present

PSYPACT

Mobility # 14402

April 2023-Present

EDUCATION

Doctorate of Psychology, Clinical Psychology, May 2014; Regent University, Virginia Beach, VA
(APA Accredited)

Master of Arts, Clinical Psychology, May 2010; Regent University, Virginia Beach, VA

Bachelor of Science, Psychology, May 2005; University of North Carolina at Pembroke, Pembroke, NC

PROFESSIONAL EXPERIENCES

Goodwin Psychological Services (GPS), PLLC

November 2016-Present

34 West Main Street Suite D
Hamlet, NC 28345

Owner/Independent Provider

40 hours per week

- Provide clinical supervision to psychologists who are not independently licensed in the state of NC.
- Provide individual therapy to individuals experiencing PTSD, Bipolar Disorder, Depression, and Anxiety using Cognitive Behavioral Treatment (CBT), Trauma Informed treatment, and Person-Centered treatment.
- Develop behaviorally-focused, outcome-based treatment plans of care that address mental health needs of each individual patient.
- Conduct disability evaluation intakes and psychological testing with adults and children experiencing both medical and mental health concerns.
- Provide psychological and psychoeducational testing specializing in ADHD, autism, intellectual disabilities, and learning disabilities in children and adults using the WISC-V, WAIS-IV, Vineland-III, CARS-2, WJ-IV, Conners-III, SCL-90-R, SRS-2, BASC-3, MMPI-3, MMPI-A and other measures as needed.
- Conduct court ordered psychological evaluations with children and adults involved in DSS cases and provide recommendations.

- Determine child’s eligibility for special needs programs based on tests results and provide recommendations for treatment goals and Individualized Educational Plans (IEP)
- Provide community trainings on mental health topics
- Develop policies and procedures for the practice.
- Provide oversight for the private practice to ensure it runs efficiently.
- Complete interviews and hiring for new staff.

NC Department of Health and Human Services

September 2021- June 2022

Vocational Rehabilitation

805 Ruggles Drive
Raleigh, NC 27699

Psychological Services Consultant

20 hours per week

- Provided statewide consultation on mental health related disabilities to vocational rehabilitation staff to help client receive appropriate services.
- Wrote policies and provide expertise on policies related to mental health concerns.
- Attended regional meetings with vocational rehabilitation regional managers to address any mental health related concerns.

Womack Army Medical Center

April 2020-May 2021

2817 Reilly Rd
Ft. Bragg, NC 28310

Pediatric Clinical Psychologist (GS 13) Series 0180

40 hours per week

- Provided individual and group therapy to include brief problem-focused psychotherapy, cognitive-behavioral therapy and client-centered therapy for children, adolescents and family members.
- Assessed and provide crisis intervention for children, adolescents and family members undergoing psychologically related stresses.
- Screened and interview children, adolescents and family members to include biopsychosocial evaluations.
- Developed treatment processes, procedures and goals for patients and evaluate overall effectiveness of therapeutic efforts.
- Selected, administered, scored and interpreted psychological tests to a primarily child and adolescent population.

NC Department of Public Safety

January 2018-May 2018

75 Legend Road
Lumberton, NC 28358

Psychological Program Manager

40 hours per week

- Provide clinical oversight for mental health services at five prison facilities in North Carolina: Lumberton Correctional Institute, Tabor Correctional Institute, Robeson Confinement in Response to Violation (CRV) Center, Sampson Correctional Institute, and Columbus Correctional Institute.
- Supervise and evaluate the work of clinicians at each facility
- Conduct department meetings and participate in multidisciplinary meetings

- Provide direct services to inmates including psychological assessments, risk assessments, crisis intervention, restrictive housing checks, and individual and group therapy.
- Provide on call services
- Compose quantitative and qualitative monthly reports on the mental health productivity and events that occur within the five facilities.

NC Department of Public Safety

November 2016-June 2017

75 Legend Road
Lumberton, NC 28358

Psychological Program Manager

40 hours per week

- Provide clinical oversight for mental health services at five prison facilities in North Carolina: Lumberton Correctional Institute, Tabor Correctional Institute, Robeson Confinement in Response to Violation (CRV) Center, Sampson Correctional Institute, and Columbus Correctional Institute.
- Supervise and evaluate the work of clinicians at each facility
- Conduct department meetings and participate in multidisciplinary meetings
- Provide direct services to inmates including psychological assessments, risk assessments, crisis intervention, restrictive housing checks, and individual and group therapy.
- Provide on call services
- Compose quantitative and qualitative monthly reports on the mental health productivity and events that occur within the five facilities.

Self-Employed

February 2016-November 2016

Hamlet, NC 28345

Clinical Supervision- 1 hour per month

- Provide one hour per month clinical supervision for a Psychological Associate licensed by the NC Psychology Board to ensure the supervisee adheres to ethical, legal and professional standards, technical skills and competency, effectively utilizes supervision, and is able to function with reduced supervision.
- Review and provide feedback on vocational rehabilitation psychological evaluations completed by supervisee.
- Assist in the selection of testing batteries specific to the client’s individual needs and purpose for testing.

FCI Bennettsville

November 2014-November 2016

696 Muckerman Road
Bennettsville, SC 29512

Clinical Psychologist/Mental Health Treatment Coordinator (GS 11-12) Series 0180

40 hours per week

- Provided empirically supported treatment (CBT, DBT, etc.) to incarcerated males in a medium custody facility.
- Served as leader for a multidisciplinary team that uses a holistic approach to ensure that critical aspects of care for inmates with mental illness are considered and integrated.

- Served as a victim advocate by assisting inmate victims of sexual abusive behavior through the forensic medical exams and investigatory process.
- Served as acting Chief Psychologist in their absence.
- Developed individualized treatment plans that described the inmate's problems, goals, and the interventions planned to assist with goal attainment.
- Provided suicide risk assessments and treatment recommendations
- Provided assessment and treatment for victims and perpetrators of sexual assault.
- Provided intake screenings, individual therapy, crisis interventions, group therapy, and psychological testing
- Documented services using an electronic medical records system.
- Completed diagnostic interviews for individuals with substance abuse concerns to determine if they are appropriate for residential drug treatment.
- Provided on call services for emergency mental health situations (i.e., self –injurious behaviors and/or suicidal thoughts or behaviors) that occur after normal working hours.
- Served as an Employee Assistance Program (EAP) counselor providing assessment and referral services for staff referred to Psychology Services for assistance with problems of alcohol/drug use or emotional problems affecting job performance.
- Provided clinical trainings to staff members to help staff better identify mental health concerns amongst the inmate population and appropriately refer these inmates to Psychology Services.
- Performed correctional duties as needed to ensure that the institution can operate effectively and the safety of the institution in not compromised.

Southern Correctional Center

October 2014-November 2014

272 Glen Road
Troy, NC 27371

Psychological Services Coordinator-40 hours per hour

- Planned and supervised the delivery of mental health services through direct administration.
- Provided supervision to staff members in the Psychology Department (Clinical Social Work and two Administrative Assistants)
- Collaborated with the residential drug abuse treatment provides to treat residents with dual diagnoses.
- Consulted with medical, unit management, program and custody staff on appropriate techniques in dealing with inmates
- Developed individualized treatment plans for each inmate on the mental health caseload
- Coordinated and participated in psychiatric appointments for inmates receiving psychotropic medications
- Provided suicide risk assessments and treatment recommendations
- Completed risk assessments, intakes, psychological assessments, crisis management, individual therapy, and individualized treatment plans

Southern Correctional Center

November 2013-October 2015

272 Glen Road
Troy, NC 27371

Staff Psychologist- 40 hours per week

- Provided mental health services to medium/closed custody female inmates and minimum custody male inmates
- Served as interim psychological services coordinator from March 2014-October 2014
- Completed risk assessments, suicide risk assessments, intakes, psychological assessments, crisis management, individual therapy, and individualized treatment plans
- Provided on-call services
- Coordinated and participated in psychiatric appointments for inmates receiving psychotropic medications
- Assisted in the implementation of the first electronic medical records program (HERO) for the North Carolina Department of Public Safety.
- Coordinated transfers for inmates requiring inpatient mental health treatment
- Consulted with medical staff, social workers, custody staff, program staff, drug treatment staff, and administration staff as needed
- Trained newly hired staff psychologist
- Compiled the monthly reports specifying all Mental Health services provided by our department
- Educated staff on mental health issues (i.e. trauma)

Greensville Correctional Center

August 2012-August 2013

901 Corrections Way
Jarratt, VA 23870

Predoctoral Psychology Intern- 40 hours per week

APPIC Approved

- Provided assessment and treatment to adult male offenders and adult male sex offenders in a residential treatment program
- Conducted clinical intakes and individual therapy to include the following treatment modalities: Motivational Interviewing, CBT, Good Lives Model, and DBT
- Developed individualized treatment plans
- Attended commitment hearings for male offenders who require more specialized housing to address their mental health needs
- Participated in treatment team meetings for sex offenders and individuals housed in segregation due to mental health concerns and/or SIB.
- Co-facilitated a psychoeducational group using Acceptance and Commitment Therapy (ACT), sex offender treatment groups, psychoeducational groups for individuals with severe mental illness (e.g., Mind over Mood), and substance abuse treatment group using Matrix Model
- Participated in psychiatric clinic appointments
- Conducted risk assessments to determine recidivism for sex offenders (Static-99, MnSOST)
- Wrote psychosexual evaluations, conducted psychological evaluation, scored, interpreted, and wrote-up comprehensive psychological evaluations

Lassiter and Associates Psychological Services, Inc.

June 2011-February 2012

522 South Independence Blvd. Suite 201
Virginia Beach, VA 23452

Psychological Associate-20 hours per week

- Provide psychological services to at-risk adults and children/adolescents experiencing mental health disorders (MR, Conduct Disorder, ADHD, Mood and Anxiety Disorders, Substance Abuse, etc.)
- Collaborate with social workers, in-home counselors, and other agencies to assist with treatment planning
- Conduct clinical intakes to obtain client's psychosocial history
- Conduct psychological evaluations and court ordered evaluations (psychological batteries include: WASI, Rorschach, Bender Gestalt, CAT, BASC-II, PAI, TSCC, SASSI, Vineland II, and other measures as needed)
- Write comprehensive psychological reports

Regent University

August 2010-December 2010

1000 Regent University Drive
Virginia Beach, VA 23464

Teacher Assistant -25 hours per week

- Provided clinical supervision to counseling students through viewing skills demonstration videos.
- Evaluated student's videos and verbatim transcripts.
- Provided written feedback on students' performance.

Rawles and Associates, PLC

August 2009-August 2010

5301 Providence Road, Suite 20
Virginia Beach, VA

Practicum Student- 20 hours per week

- Provided psychological services to at-risk children and adolescents experiencing trauma related and other mental health disorders (MR, Conduct Disorder, ADHD, Mood and Anxiety Disorders, Substance Abuse, etc.)
- Collaborated with social workers, probation officers, and other agencies to assist with treatment planning
- Conducted clinical intakes to obtain client's psychosocial history
- Conducted psychological evaluations (psychological batteries include: WISC, WAIS, WRAT, Rorschach, CAT, BASC-II, PAI, TSCC, Vineland II, PIY, CPT-II and other measures as needed)
- Completed 20 comprehensive psychological reports

Regent University Psychological Services Center (PSC)

August 2008-July 2009

1000 Regent University Drive
Virginia Beach, VA 23464

Practicum Student-15 hours per week

- Conducted clinical interviews; individual, family, and couples' psychotherapy.
- Developed personal treatment plans and utilized empirically supported treatment protocols.
- Administered comprehensive psychological assessments; scored, interpreted, and wrote integrated psychological evaluations.
- Clients included students and individuals from surrounding community.

Juvenile and Domestic Relations Court Services Unit (CSU)

May 09-July 09

301 Albemarle Drive
Chesapeake, VA 23320

Practicum Student-10 hours per week

- Provided clinical screenings for juveniles in the court system to assess for emotional and behavioral problems and drug and alcohol use
- Administered psychological assessments (Substance Abuse Subtle Screening Inventory (SSAI) and Millon Adolescent Clinical Inventory (MACI) -Scored, interpreted, and wrote psychological evaluations
- Partnered with parole officers in the treatment of minors and families
- Provided referrals for individual, group, family therapy, and/or assessments as needed

Career Resource Center (CRC)

January 2009-April 2009

1000 Regent University Drive
Virginia Beach, VA 23464

Practicum Student-10 hours per week

- Conducted career interviews
- Administered interest and personality inventories (Myers-Briggs Type Indicator, Career Assessment Inventory, Self-Directed Search, and Vocational Preference Inventory)
- Wrote reports to assist individuals in making career related decisions.

RESEARCH

Dissertation Research: "Religious Coping and Posttraumatic Growth among Children of Parental Cancer"

Regent University Virginia Beach, VA Sept. 09-Jan. 14

Dissertation Chairperson: Lynn Olson, Ph.D., ABPP

Child Health Research Team, Virginia Beach, VA

August 2009-November 2012

Regent University

Advisor: Lynn Olson, Ph.D., ABPP

- Participate in data collection for health-related research studies

Trauma-Focused Cognitive Behavioral Treatment

October 2010-January 2011

(TF-CBT) Research Team

Regent University, Virginia Beach, VA

Supervisor: Donald Walker, Ph.D., Licensed Clinical Psychologist

- Participated in TF-CBT trainings to provide treatment for physically and sexually abused children

Forensic Psychology Research Team

January 2009-July 2009

Regent University, Virginia Beach, VA

Supervisor: Linda Baum, Ph.D., Licensed Clinical Psychologist

- Examined data collection from a local juvenile court service unit, researched forensic studies, and attended seminars

Hope Focused Marriage Counseling Project

August 2007-July 2008

Psychological Services Center (PSC), Regent University, Virginia Beach, VA
Supervisor: Jennifer Ripley, Ph.D., Licensed Clinical Psychologist

- Assisted in couples' therapy and assessment to promote healthy relationships through addressing commitment, communication, problem solving, understanding each other's past, apologies, and forgiveness

PROGRAM DEVELOPMENT AND CONSULTATION

Regent University Student Services, Virginia Beach, VA

September 2010-December 2010

Consultation and Assessment Service Team

Consultee: Jeff Pittman, Ph.D.

- Co-led focused group with undergraduate and graduate students assessing the perceptions of substance use and ways the university can better address the issue.

Virginia Beach Court Services Unit, Virginia Beach, VA

February 2010-April 2010

PEERS Program

Consultee: Kristy Livsey, M.A.

- Assisted in the establishment of a workforce development program tailored to teach job-readiness skills to adolescents involved in the court system.
- Assisted in program evaluation to monitor the effectiveness of the program.

PROFESSIONAL TRAININGS AND CERTIFICATIONS

Basic Life Support Provider

April 2019

American Red Cross

- Completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association Basic Life Support (CPR and AED) Program.

ADOS 2 Clinical Workshop

July 2019

Western Psychological Services (WPS)

- Completed 2-day workshop (12 hours) to learn how to use the ADOS-2 to assess and diagnose autism

DSM-5 and the Childhood Rating Scale – High Functioning (CARS2-HF):

Assessing the Full Spectrum of ASD in Children and Adults

November 2018

TEACCH Autism Program

- Completed six-hour workshop understand the difference between the DSM-5 definition of Autism Spectrum Disorders compared to DSM-IV
- Use the CARS second edition-High Functioning Autism Scale (CARS2-HF)
- Interpret assessment techniques and differential diagnosis of ASD versus other psychiatric disorders

Instructor Skills

January 2016

FCI Bennettsville Human Resources, Bennettsville, SC

- Completed a two-hour training designed to provide participants with the skills to effectively develop and deliver a training program.

- Forensic Medical Exams: An Overview for Victim Advocates** **January 2015**
 Web Based Training
- Completed a one-hour training to serve as a victim advocate for the Bureau of Prisons
- Trauma, Addictions, Mental Health, and Recovery (T.A.M.A.R.) Training** **April 2014**
 Department of Public Safety, Raleigh, NC
- Completed six-hour training on providing trauma informed treatment
- Hare Psychopathy Checklist-Revised (PCL-R) Training** **March 2014**
 Department of Public Safety, Apex NC
- Completed 24-hour training and obtained certification for administration of the PCL-R
- Risk Assessments for Adult Male Offenders** **February 2013**
 Greensville Correctional Center, Jarratt, VA
- Completed two-hour training on Static-99, Static-99-R, Static-2002, and Static-2002-R
- Psychological First Aid** **September 2010**
 Learning Center for Child and Adolescent Trauma
- Completed 6-hour training curriculum that focused on first-response interventions after a traumatic event. Interventions were focused on the victims and responders.

PROFESSIONAL AFFILIATIONS AND DEVELOPMENT

2005 **Psi Chi-National Honor Society in Psychology** Pembroke, NC
 Awarded by the Department of Psychology, University of North Carolina at Pembroke
